NBPP 2019: What matters in North Carolina

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 $\mathsf{Duke} \mid {}_{\textit{for}} \mathsf{Health} \mathsf{Policy}$

Major Changes in NBPP 2019

- Benefit Changes
- Navigators/Assistance
- Financial Review
- Mandate exemptions
- Special Enrollment Periods
- Income Verification (Medicaid Gap)

General policy environment for 2019

- Low Federal Support
 - No individual mandate in 2019
 - Low enrollment outreach/negative federal messaging
 - More "outs" for healthy consumers
 - No Cost Sharing Reduction subsidies
- Continual consolidation of the NC medical market
- Few insurers on Exchange

HIGH PREMIUM INCREASES

Benefit Changes

- Regular updates on Maximum Out of Pocket
 - \$7,900 MOOP for regular
 - \$5,000 for CSR-73
- States can pick other states Essential Health Benefits starting in 2020
 - Any 2017 state's EHB can be substituted
 - Has a floor and a ceiling

Impact: Modest as there is little variation among states



Plan Design and Buyer Decision Support

- Eliminates Meaningful Difference
 - Will lead to more consumer confusion
 - Impact: Modest as insurers had wide variability to design distinctive plans already
- Removes Standard Plan design
 - Impact: Nil voluntary choice by insurers
- Network Adequacy and Essential Community Providers regulation moved to states
 - Impact: Potentially Significant
- Navigators
 - are not required to be in the rating area
 - In each rating region, no longer need at least 1 consumer focused nonprofit
 - Impact: Unknown given the lack of navigator funding in OEP 5
- Easier direct enrollment (brokers) pathways
 - Impact: Modest (more meaningful if commissions are paid)

Financial Review

- 15% Rate Review threshold
 - Previously 10%
 - Impact: Low (rate review is primarily a reputation based incentive)
 - Quality Improvement set at a fixed 0.8%
 - Impact: Minor
- Technical changes to risk adjustment
 - Impact: Minor

Mandate Exemptions

- Individual mandate zeroed out on 1/1/19
- 2 new hardship exemptions for 2018
 - If all plans in the county offer abortion
 - Impact: Nil (North Carolina prohibits individual market abortion coverage except for life, rape, incest exemption)
 - If a county is only served by zero or one insurer
 - 95 counties covered solely by BCBS-NC
 - Impact: Unknown --- may be significant to BCBS-NC
- More messaging than policy

Enrollment Rules

- Special Enrollment Periods
 - Dependents with a unique SEP can either be added to family plan or get their own plan
 - Adding dependents goes to date of qualifying event (adoption, birth, child support order etc)
 - Continual coverage requirements clarified for bare counties
 - Impact: Mainly clarification of odd cases
- Termination
 - Consumer selected date
 - Impact: Minor

Income Verification for Medicaid Gap

- Increased verification for people earning between 100% and 138% Federal Poverty Level (FPL)
 - Citizens earning under 100% FPL are not eligible for premium subsidies
 - Some financial engineering may have occurred for some people to bump their claimed income up to subsidy eligibility
 - Impact: Potentially significant in North Carolina as Medicaid has not been expanded. Minor in Medicaid expansion states

The quiet dog: Silver Loading

- No comments about Silver Loading
 - Work-around for the termination of CSR funding
 - Places all CSR costs onto on-Exchange Silver Plans
 - Effectively lowers the subsidized premiums of Bronze and Gold plans
- Impact: TBD

Questions

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